



Information on COVID-19

03/14/2020

Mona Mentors Outpatient Counseling Services are designed to assist you with substance use disorder outpatient services help you overcome drug and alcohol use and to impact your life in a positive way. This service is a privilege and a critical part of your success, and Mona Mentors have put a plan in place to ensure that you receive services according to the United States Center for Disease Control (CDC) provider services guidelines.

This letter serves as notification that Mona Mentors will follow all CDC guidelines related to the COVID-19 as a service provider. As a provider, **I have suspended all travel through April 30th, including in-person training, and gathering of 100 people or more.**

My service to my clients is of the utmost importance and will continue. I am still seeing clients for individual, family and group sessions at my office location.

In an effort to meet CDC compliance, I will limit patient visitation by persons with signs or symptoms of a communicable infection. According to the CDC, People are thought to be most contagious when they are most symptomatic (the sickest).

I'm requesting **that you contact me immediately at (713) 266-2090 to re-schedule your appointment to a virtual telehealth appointment if you experience sickness related to a fever, cough, cold and flu symptoms.**

I will modify the method of service delivery, in response to the direction of the local health official by allowing clients to complete sessions via video-telehealth.

Also, I will be practicing the **space proximately (within about 6 feet)** when conducting individual sessions to illuminate person to person spread.

I will also be conducting more frequent cleaning in common areas and on commonly touched surfaces.

Please know that you are a valued client and your health and safety is my top priority.

Respectfully,

Mona S. Ellis
Mona Mentors

